

## Contacting us

During opening hours, you are welcome to contact us at any time by telephone or in person.

### Outpatient team:

Opening hours: 07:00 - 18:00 hrs  
phone 0201-723 6661 or  
0201-723 6653

### Emergencies/problems outside WPE opening hours

In cases of emergency outside WPE opening hours, please contact the emergency outpatient facilities at University Hospital Essen which are available 24 hours a day, 7 days a week.

### Emergency outpatient point for children:

Ward K3 / Paediatric Department, University Hospital Essen  
Emergency numbers: 0201-723 3350 or  
0201-723 2255

### Emergency outpatient point for adults:

Reception desk / Gatehouse at University Hospital Essen  
phone: +49 (0) 201 723 -0  
You will then be put through to the appropriate person.

### General emergency numbers in Germany

Police: 110  
Fire & ambulance: 112

## Internet

[www.wpe-uk.de](http://www.wpe-uk.de)  
[www.unikinderklinik-essen.de](http://www.unikinderklinik-essen.de)  
[www.uk-essen.de](http://www.uk-essen.de)

## Site plan



## Journey by public transport

Subway U17	Station „Halbe Höhe“
Bus 160/161	Station „Klinikum“
Tram 101/106	Station „Klinikum“

## Journey by car

Please use the parking garage directly next to the WPE.  
(Parkhaus 2, Virchowstraße 180)



## Patient information:

### WPE Outpatient Unit & Emergency Telephone Numbers

## Nursing team at the WPE Outpatient Unit

Our aim is to do all we can to provide you, the patient, and your relatives with all the support and assistance that you need. Accompanying our medical treatment to combat the tumour, this includes an all-round consideration of your needs, including answering any questions you may have during your treatment at WPE. To this end, we offer Nursing Needs Consultations in the Outpatient Unit to discuss your ongoing nursing requirements.

The Nursing Needs Consultation is conducted by an experienced team of nurses in parallel with your tumour treatment. In the very first week of your treatment, we conduct a nursing consultation to discover your nursing care history, and so we can get to know each other. You should tell us about any previous medications and preparations, and we will talk to you about the alleviation of any side effects that may occur. After this, you will have the opportunity to meet with our nursing team on a weekly basis to discuss side effects, such as skin reactions, and obtain relief preparations. We always conduct this side of our work in consultation with our medical staff. The counselling session and the care that follows centre on alleviating illness-related or treatment-related symptoms and ailments.

**If questions or complaints arise outside appointment hours, feel free to contact us at any time!**

Scientific studies have shown that accompanying nursing care can improve the quality of life of tumour patients and have a favourable effect on the entire course their illness takes. For this very reason, we aim to inform you as early as possible of the complementary WPE offerings surrounding your treatment here.

## Our aim

To maintain the highest possible quality of life, including during treatment at WPE.

## Advice on

- Questions about the treatment process
- Physical ailments (e.g. pains, nausea, digestive problems, skin problems)
- Emotional needs (such as fear and worry)
- Social issues (employers, schools, convalescence measures)
- Pastoral care is available upon request

Outside of the weekly medical consultations and check-up appointments in our Outpatient Unit, your case doctor or nursing team may be contacted via the Outpatient Unit at any time. Please do not hesitate to contact us.

## Coordinating your appointments

Our nursing team will also give you all relevant appointment details at the beginning of your treatment here and, thereafter, twice a week for the days immediately ahead.

### Outpatient team:

phone 0201-723 6661 or  
0201-723 6653

### Psychosocial counselling:

phone 0201-723 6622

## Treatment

Proton treatment at WPE is provided on an outpatient basis. The required dose of radiation is spread over several weeks in order to minimise any discomfort. It is usually performed at WPE daily, five days per week, over a period of what is often six to eight weeks. On average, treatment takes around 30 minutes, including getting you comfortable and conducting positional checks. The actual irradiation process itself only takes a few minutes.

Medical attendance during proton therapy at WPE is undertaken by our radiation oncologists. You will be examined by one of our doctors at least once per week for things such as acute side effects.

Depending on your illness and the distance from your home hospital, interdisciplinary collaboration involving other specialist units at University Hospital Essen is beneficial and will be organised by us. For example, most children also receive care and attention from paediatric oncologists based at University Hospital Essen.

## Aftercare

Your treatment always concludes with a final examination. This is then followed, 3 months later, by the first follow-up examination. Annual check-ups then take place for a period of five years. The regular aftercare is provided at WPE, but also involves consultation with your attending physicians.